Neurodiversity workshop

By Una Buckley

una@blossom4life.com

www.blossom4life.com

About us!

Feidhmeannacht na Seirbhíse Sláinte
Health Service Executive

DELL

cetb
Bord Oideachais agus Oiliúna Chorcaí
Cork Education and Training Board

THE APPRENTICE

Evening Echo

ATTUNING TO FULL POTENTIAL
Kinesiology

TOASTMASTERS INTERNATIONAL

RTÉ Nationwide

MTU MUNSTER TECHNOLOGICAL UNIVERSITY

CORK INSTITUTE OF TECHNOLOGY + INSTITUTE OF TECHNOLOGY TRALEE

Linn Dara Schools

ucc
Coláiste na hOllscoile Corcaigh, Éire
University College Cork, Ireland

dyslexia

St JCC
Lár Cholláiste Eoin
St. John's Central College

What we offer

1. Initial Screening
2. Parent consultations
3. Teacher training workshops
4. Corporate training
5. Online courses for parents and teachers
6. Group and 1.1 classes
7. Summer group workshops
8. Transition into secondary school
9. Podcast

Blossom4life- Get in Touch

www.blossom4life.com

Social media channels

una@blossom4life.com

353-86-3588475

Difficulty remembering sequences
alphabet
ABCDE
GHK?
phone
numbers
days
and months
phonological
awareness
auditory
processing
DYSLEXIA
is different
for everyone
from mild to severe.
executive
function
working
memory
processing
speed
SEE IT
word
SAY IT
word
use
multisensory
learning
HEAR IT
word
WRITE IT
word
40% of self-made millionaires have dyslexia.
Richard Branson
entrepreneur
£
$
€
400 companies
5 billion

Time management skills

WORK
EXERCISE
LEARNING
LEARING
REST
SOCIALING
REST
PERSNAL CARE
REST
SOCIALING
SOCALZING
REST
WORK
WORK
WORK

strategies

Dyslexia font, size- Arial/ Calibri 14	Limit white backgrounds on paper	Colour overlays	sub-heading and bullet	Limit/ none use of red pen for corrections
One instructions at a time	Speak slowly and not loudly	Visual ques	Movement breaks	Ongoing feedback

Building confidence and resilience

Encourage a growth mindset

Teach and discuss resilience

Celebrate achievements

~~Positive feedback~~

Encourage independence and risk taking

Limit social media

Treat yourself like you would treat a friend

How to help Dyslexic’s- course

MODULE 1	MODULE 2	MODULE 3	MODULE 4	MODULE 5 & 6
Do’s and Don’t around dyslexia, definitions, booklets	Classroom strategies for teachers or tips for parents when meeting teachers	Home tips focusing on homework and study	Health and wellbeing	Spelling and writing and assistive technology

Feedback form

https://forms.gle/4KnHSSMjFMZULbfs5

FREE Booklet

Email us to join!

una@blossom4life.com

Useful sites

Lumosity- https://www.lumosity.com/

Pentominoes- https://www.transum.org/Maths/Activity/Jigsaw/Tetrominoes.asp

Typing- https://www.typing.com

Thinking toys- https://thinkingtoys.ie

Big Life Journal- www.biglifejournal.com

Blossom4life- Get in Touch

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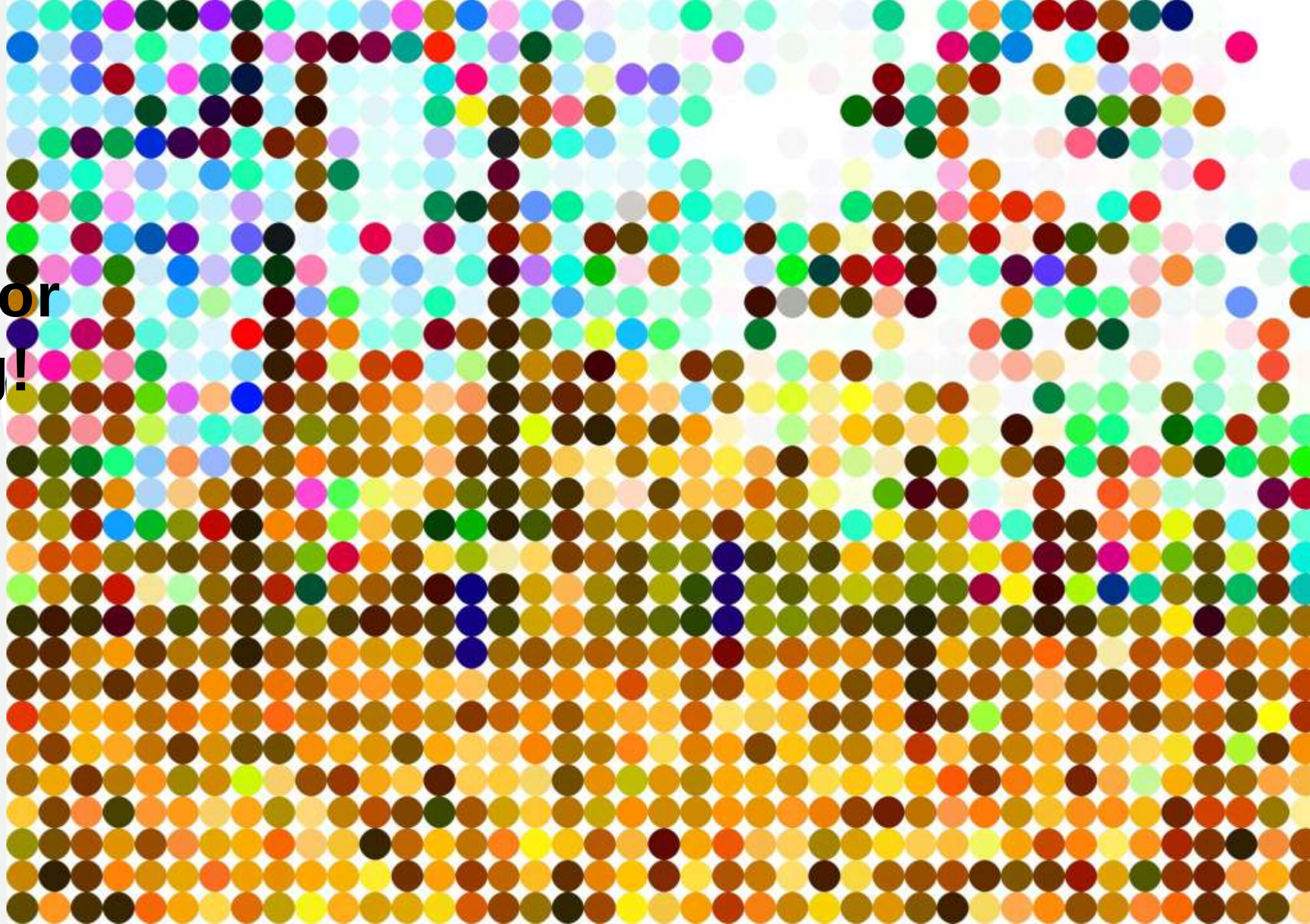
Thanks For listening!

Q & A